

Menu

Served all day. Please make your order at the counter.
Please notify us of any allergies.

V = vegetarian vg	= vegan
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Choice of toast, croissant or pastries Served with sea salt butter and choice of preserves/peanut butter/Marmite	£2.50 to £4.00
Toasted Banana Bread V Served with sea salt butter	£3.50
Toasted Molly Cake (wheat, dairy and sugar free) Served with or without sea salt butter	£3.50
Toasted Breakfast Loaf 😢	£3.95
Made with carrots, apples, seed and nuts with a crunchy muesli topping. Served with sea salt butter	20.90
Porridge on request With raisins, banana, maple syrup and fruit compote	£4.50
Granola V Toasted honey and nut granola, Greek yogurt and fruit compote	£4.50
Eggs on buttered toast V 2 eggs, poached, fried or scrambled	£4.95
Eggs on toast with smashed avocado	£6.50
Roast vine cherry tomatoes & avocado on toast ve on reque	est £5.95
Sourdough French toast V Served with maple syrup and fruit compote (add bacon for £2)	£6.95
Sussex Breakfast 2 eggs, 2 sausages, 2 rashers of bacon, garlic and chilli roasted mushroom, roasted cherry vine tomatoes, buttered toast	£9.25
Veggie Breakfast V 2 eggs, halloumi, garlic and chilli roasted mushroom, roasted cherry vine tomatoes, avocado, dressed spinach leaves, buttered toast, with	£9.25

Vegan Breakfast Garlic and chilli roasted mushroom, roasted cherry vine tomatoes, avocado, dressed spinach leaves, houmous, toast, with chilli jam	£9.25
Welsh Rarebit V Served on toast with roasted cherry vine tomatoes and dressed spina	£6.95 ach leaves
Smoked Molasses Beans with melted cheese on request With melted cheese, fried egg, bacon & sausage. Served with toast	£9.25
Soup and bread 19	£5.00
Turkish Eggs Poached eggs on a bed of yoghurt with roasted red peppers and cho Served with toasted sourdough baguette	£7.50 rrizo
Sweet Potato Hash Sweet potato with garlic, chilli, spinach, coriander and feta. Served wi halloumi, chorizo, roast cherry vine tomatoes and a poached egg (veggie option: avocado)	£8.95 th grilled
Tuna Melt Open toasted tuna mayo and cheese melt sandwich with jalapeños and dressed spinach leaves	£6.95
Big Bacon Sandwich Bacon, fried egg, avocado, fresh tomato, spinach, ketchup and mayo	£6.95
Big Veggie Sandwich V Grilled halloumi, fried egg, avocado, spinach, mayo and chilli jam	£6.95
Big Vegan Sandwich (2) Chilli and garlic roasted mushroom, avocado, spinach, fresh tomato, hummus and chilli jam	£6.95
Cheese straws, sausage rolls, quiches Please see selection at counter	£3.00 to £5.95

Our produce is locally sourced. Our milk and cream is from a single herd farm on the Sussex Downs, our meat is from local butchers Seckers, our eggs are Sussex free range, our fruit and vegetables are from Brighton and Hove wholesalers. Our cakes, pastries, breads and savouries are made in house and with local bakers.



Drinks menu

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Coffee

Our coffee is from local Hove micro-roasters Pharmacie. The blend we use is Archetype blend: 40% Chapadao PB, Brazil, 40% Balam Project, Guatemala, and 20% Frinsa, Indonesia

All our coffees are made with a double shot

£2.20
£2.50
£2.85
£2.75
£2.85
£2.30
£2.50
£3.00
£3.50
£0.50

Specialty milks available, 30p extra: almond, soya, oat Decaffeinated Pharmacie coffee available

Tea

Our loose leaf teas are from Metro Deco, a Brighton specialty tea blender	
Tea for 1	£2.75
Tea for 2	£5.00
Tea for 3	£7.00
Mug of Yorkshire tea	
	£1.60

Our teas:

English breakfast

Roobois

Earl Grev

The Devil is a Woman (Chinese Yunnan Green Tea, Lemon Peel, Ginger) Floral Calm (Chamomile, Lemon Balm, Rose Petals, Jasmine & Lavender) Fresh Mint

Hot chocolate Montezumas No.1 hot chocolate	£3.00 (children's £1.50)
Cold Remedy Lemon, honey, cinnamon, star anise, fresh ginger	£3.50
Iced Coffee	£3.50
Juices From East Sussex based Folkington's Juices Pressed Apple Orange Mango Cranberry Summer Fruits	£2.85
Bottled drinks Fentiman's botanically brewed soft drinks Rose Lemonade Victorian Lemonade Curiosity Cola Ginger Beer Wild English Elderflower Mandarin and Seville Orange Jigger	£2.85
Non-alcoholic Spirits We serve Seedlips non alcoholic spirit. A unique (the world's fi method is used to cold macerate, distil and blend a non-alcohorved with Fevertree tonic water.	,
Seedlips Spice 94 An aromatic & complex blend of all spice berry, cardamom, bark & citrus peel distillates	
Seedlips Garden 108 A herbal & floral blend of hand-picked peas & homegrown hay	y with

traditional plant distillates in celebration of the English countryside



Alcoholic drinks

Brighton Gin Drinks

£5.50

We serve Brighton Gin, which is made locally with a 100% organic wheat spirit, re-distilled with juniper, fresh orange and lime peel, locally-grown coriander seed and milk thistle, which is indigenous to the South Downs

Gin and tonic

Brighton Gin served with Fevertree Indian tonic water, rosemary and lemon

Brighton Rocktail

Brighton Gin served with Fevertree Indian tonic water and a slice of Brighton rock

Bloody Mary £6.50

Made with Blackdown Vodka, the first vodka to be produced in Sussex, made from wheat and filtered seven times, before being finished with a hint of sap from Silver Birch trees. Mixed with tomato juice infused with herbs, spices, Worcestershire sauce, horseradish and tabasco

Virgin Mary £4.00

As above, but without the vodka

Sparkling Wine

£7.50 glass, £42.00 bottle

Sussex has become globally renowned for the quality of its sparkling wines. We serve 2010 Vintage Reynolds Stone cuvee from Breaky Bottom, a small vineyard near Lewes. Silver Medal in the Decanter World Wine Awards 2017 and also in the International Wine Challenge 2017

Kir Royale

£7.50 glass, £42.00 a bottle

Sparkling wine from Breaky Bottom. During final bottling a measure of delicious home-grown Cassis is added to produce a wonderful pale pink sparkler, with a fine soft-rose colour and a delicate hint of blackcurrant. Perfect with a cream tea!

Beer

Mashed and Wired

£4.95 (440ml, 4.4% ABV)

Beer made with coffee from our coffee roasters Pharmacie. Single origin coffee pale ale - a refreshing beer with a hint of coffee

Lazy Lizard IPA

£4.65 (330ml, 5% ABV) Gluten Free

A refreshing, golden IPA made in Brighton with 4 of the finest British hops, Admiral, Goldings, Challenger and Target.

This rich, aromatic ale is naturally gluten free without the use of additives

Lazy Lizard Cerveza

£4.65 (330ml, 4.8% ABV)

A clean, crisp and refreshing lager made in Brighton.

Triple filtered and made with Saaz and Hallertau Hersbrucker hops

Cider £4.95 (500ml)

Hurstwood Cider, made in the Sussex village of High Hurstwood, a careful blend of Kent and Sussex's best dessert apples and traditional bittersweet varieties. Hand pressed - crisp, fresh and entirely natural

